

The Eternal Way

April – May 2004

Clarify Your Thinking, Realize Your Dreams (Part Two)

In our February – March 2004 journal issue, we identified some keys to clarifying our thinking, realizing our dreams, and fulfilling our life. A brief summary of the three keys previously elaborated on are:

1) MEDITATE Daily

By meditating daily, you acknowledge the truth that you are connected to the source of life and you lay the foundation for a fulfilled life. All things are now possible to you!

2) IMAGINE What You Want

Image on the screen of the mind what you want, not what you don't want. Be original, specific, and clear with positive precision. See the detail, taste the detail, feel the detail, hear the detail, and touch the detail. Get all the senses involved in the imaging process.

3) VISUALIZE the Enjoyment of Your Goals Now

Visualization is the ongoing visual process of what was originally imagined. Pictures, blueprints, magazine articles, newspaper clippings, models – all assist you in nourishing the goal-realization process.

With these initial keys in place as a foundation for living a fulfilled life, let's continue with the second part of this series....

4) AFFIRM with Positive Intention

Sound is one of the primordial components of material creation emanating from the Field of Pure Being, God. The interaction of the attracting force of love and the repelling force of will of the Godhead results in an audible sound current best described as “aum” or “om”. Then, sound further differentiates into space, time, and light particles or atoms. This is why it is important to

watch carefully what you say. Sound vibration has the ability to manifest because it has within it the creative force to do so.

So, with positive intention, orally declare your desired goal as a reality today. Then your whole being should affirm your desired intention. In other words, bring your entire being into alignment with the realization of your goal. Your silent thoughts, your oral words, and your physical actions ideally should all express unity in regard to the manifestation process. Be a “house united, not divided” within yourself.

Remember the biblical scripture in St. John 1:1, “*In the beginning was the Word, the Word was with God, and the Word was God*”. This is a scriptural reminder of the power of vibration and resonance. When you use sonics or sound to affirm what you want, you use one of God's manifesting tools to bring into reality your desired good. Realize we are co-creating and sculpting our reality each moment of each day through the power of the spoken word.

Talk your walk, then walk your talk.

5) PLAN Your Course of Action

Write down in a notebook or journal the action steps you know you can take right now to help your goals and dreams unfold. Many times a person will not even try to accomplish a dream because it seems too far away. They may feel that what they want in life is such a massive undertaking and they can't get their “teeth” around the goal. What they are really displaying is the inability to break the goal down into smaller bite-sized parts or action steps.

Let's take the example of going on a dream vacation. You have written down the goal of taking a unique vacation, like a bicycling trip on the coast of Sicily. You have imagined, visualized, and affirmed its

realization. Now what do you do? Break the realization process into smaller steps by identifying that a passport and a brushing up on your Italian may be needed, a vacation bank account opened to save appropriate funds, training on your bike and purchasing additional bicycling gear are in order. When the incremental components of the entire trip can be identified and written down, you truly magnetize all the necessary components and the goal is systematically realized.

6) **ACTIVATE Yourself Now**

Begin acting on the plan outlined. Realize that as you begin action steps you may find that modifying your plan is necessary or even useful. But without action nothing will ultimately be realized. Make the first step, get active, and watch how life supports, sustains, and ordains your mission.

7) **SURRENDER Results of Your Activity to God**

Non-attachment to the results of your activity is the way of true fulfillment. By “letting go,” you let the larger Reality within you fulfill and prosper Itself as you and through you on time, in balance, and through unexpected channels. Be patient as Life choreographs your good fortune. Allow it to happen in an integrated way to foster both harmony and balance.

Remember, as the wave is to the Ocean, so you are to Life!



Why the Differences?

by Rudy Davenport

Anyone who even casually investigates different religions immediately discovers that there are many differences in teachings, traditions, and descriptions of spiritual experiences.

If the reality of God is One, then why the differences? For example, Christianity and Islam teach we have only one life to live. Hinduism and Buddhism, on the other hand, teach we have many lives to live as we transmigrate from one species of life to another. To complicate matters even more, most modern Eastern spiritual teachers teach reincarnation, that once consciousness incarnates in human form, we continue to incarnate in different human bodies in our search for God.

The purpose of this article is not to attempt to answer to such differences, but to explore the significance of differences. If there is to be an authentic spiritual dialogue in today's world, which is greatly needed, then we must honor these different traditions, and not just try to explain them away.

My own research and study of religions has led me to believe that the spiritual path is a process. The spiritual aspirant has many experiences on the way to the goal of knowing God in all the Divine fullness. The phenomena of these experiences do indeed vary in different religions. This fact is a source of great comfort to me rather than confusion. It means that the Divine appears to spiritual seekers in the way they desire.

There is no one “right way” to perceive God, with all the others being wrong. Thus the lovers of Jesus will see Jesus at a certain stage of their spiritual unfoldment, while the lovers of Krsna will see Krsna, and the lovers of Allah will see Allah. Yogis will perceive the Divine as the energy of life-force. It is not because there are many different gods (with only one of them being the “true” god) that this is so. It is because the One God appears in different ways. However, the principle of “seeing” God at the stage when the love and longing of the spiritual aspirant is very intense is the same for all. This illustrates

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1122 South Lamar, Austin, Texas 78704, U.S.A.

512.445.1080

Front page article by Rocco benRoy unless otherwise noted.
Rocco benRoy is the minister-director of the Eternal Way.
His training and ordination are in the spiritually enlivening and
holistic tradition of the ancients as taught by his Kriya Yoga
mentor, Roy Eugene Davis.

The Eternal Way Center provides personal counseling and
group seminars for spiritual realization, emotional and mental
clarity, and physical vitality. The center is dedicated to assisting and
empowering each responsive soul, a living temple of God, to
cultivate their innate potential and to express their unique purpose
and destiny as divinely intended.

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Website: www.eternalway.org

Email: office@eternalway.org

the principle of spiritual unity in the midst of religious diversity.

There is one experience, however, that is the same for all spiritual aspirants. It is named Salvation with God in the Christian tradition, Enlightenment in the Buddhist tradition, Self-realization in the yogic tradition, and God-realization in the Hindu tradition. It is essentially beyond description, and cannot be expressed by intellectual ideas. It is the experience of returning to the Divine, the source and goal of all existence.

Not every spiritual teacher or writer has this ultimate experience. This fact in itself is a source of differences in the teachings of various religious writers. As St. Thomas Aquinas taught, "One cannot give what one does not possess." A description of Austin, Texas, as Sixth St. would be very different than a description of Austin, Texas, as Guadalupe St. Yet, both describe Austin.

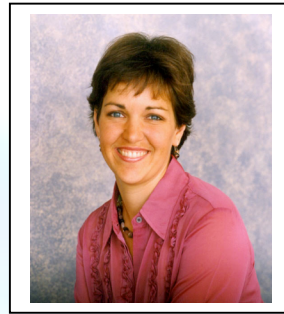
The task for present-day spiritual seekers is not to find the one "true" religion, or path. God is available through many "isms," or paths, and also directly, without any "ism" at all. We must begin where we are, with whatever religious tradition and teaching we have, and then we must try to love and seek the Divine in the most beautiful way we understand. Let us begin to live for the Divine, rather than waiting to make sure we have the "true" religion.

Rudy Davenport has a B.A. in Music and a Master of Divinity Degree. With an extensive background in the devotional traditions of East and West, he provides Pastoral Counseling and teaches the use of Music for Therapy and Meditation at the Eternal Way.

Look for the Eternal Way's "Your Body, Your Temple" T.V. Program on Austin Community Access, Channel 11, Thursdays, 9:30pm

*Place your mind before the mirror of eternity!
Place your soul in the brilliance of glory!
Place your heart in the figure of the divine substance!
And transform your entire being into the image
of the Godhead Itself through contemplation.*

St. Claire of Assisi



Reflections on the Mission Statement

by Shara Amelia

The next in the series of enjoiners in the Eternal Way Mission Statement is to inspire *souls* to *awaken* and experience a *conscious* relationship with *God within* themselves and to live in *harmony* with natural law. How can we do that, really live in harmony? We can so choose when we realize, either in increments or in one or several God-given experiences of grace that we are both receiver and transmitter of the divine from which we are all created. Emanuel Swedenborg, the 17th Century Swedish mystic, describes creation thus: "Out of the Uncreated, Eternal, Being itself and Life itself, no one can be directly created, because the divine is one and indivisible; rather it must be made from created and mortal substance, so formed that *the divine can dwell within it*" (Divine Love and Wisdom 4).

When we realize our direct connection to the divine, when we awaken to the truth that it dwells within us and all that we see, we can choose to act either as co-creator or spoiler of that which wants to express. When we choose to be generative of the divine, to love, to harmonize, to be the conduit of the consciousness of oneness, we overcome the material, the mundane, the truly exhausting tantrum of separation. For the divine is no other thing than supreme consciousness that knows totally the all-embracing wholeness and then the wholeness contained in all of the individual parts. This knowing is such sweet relief; after all, it puts us in all the right places at all the right times with all the right collaborators, co-creators, and co-conspirators for the life we are meant to live!

Shara Amelia has a B.A. in English Literature, an M.A. in Linguistics, an M.S. in Oriental Medicine, and is a staff member at the Eternal Way.

Good News!

Thank you all for the incredible support to this ministry work. Wonderful things continue to unfold due to your loving support. We look forward to this coming year with calm anticipation and know that as we hold hands and work together, all things are possible to those who love God.

Speaking Engagements and Seminars

Rocco benRoy has just returned from Pasadena, CA and Las Vegas, NV where he spoke to a group of western medical professionals about “How to Make Your Kitchen Your Pharmacy” and the merits of body purification work. It was a very positive development to see more and more holistic and allopathic minds working together for the health and well-being of humanity. He also spoke this past week to a group of seniors at the Lockhart Senior Center and continues to give his 4-part series at the Austin Recovery Center Women’s Unit. His work has inspired many to successfully make major life changes.

If you have a group who would like to invite Rocco benRoy for a seminar or workshop either in Texas or another part of the country, he is available for speaking engagements and can tailor a spirit, mind, body message to any gathering.

An Invitation To Be An Eternal Way Spiritual Partner

The Eternal Way's mission is to reach as many people as possible with a spiritually-based message that

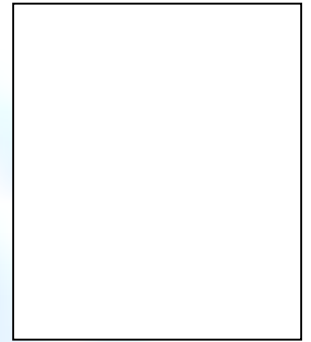
God is expressing in our lives. Would you join us? Become a Spiritual Partner by devoting \$25, \$75, \$150 or more to the ministry work each month. This allows us to share literature freely and do lecture work with groups unable to donate at present.

Please use the enclosed donation envelope and be as generous as possible to help us help those in need in all our departments.

All ministry services function on a donation basis and we freely serve everyone without regard to their ability to donate.

E.A.T. Outreach News

Our two-year star volunteer **Gavin Emberson** has had to pass the baton recently and we thank him for his incredible service to the E.A.T. Outreach and to his community. Thanks go to **Teresa and Keith Hood** for joining up and handling the Sunday route previously conducted by Gavin and Group. If you are able or know someone who could volunteer, **call us at 445-1080**. The E.A.T. Outreach has delivered surplus whole-grain bread to **16 agencies a week on average** during the past two months and represents approximately \$15,000 per month in value. Thanks go out to our dedicated core of volunteers: **John Stern, Radha, Morris Grieg, Julian Bruno, Paul Thrailkill and Shaun.**



April – May 2004 Wednesday Programs

	April / May		
How to Allow Spiritual Awakening to Occur	7	5	7pm
Remembering Who You Are	14	12	7pm
The Kriya Yoga Way of Living	21	19	7pm
Community Spiritual Gathering w/Potluck	28	26	7pm

Rocco benRoy's Speaking Engagements

- 3/26/04 Academy of Anti-Aging – Pasadena, California
- 3/28/04 Angelwater Wellness Center – Las Vegas, Nevada
- 3/30/04 Senior Citizen Activity Center – Lockhart, Texas
- 4/25/04 Word of Life Church – Bastrop, Texas

Every month at the Eternal Way's **Community Spiritual Gathering**
Every Tuesday at **Austin Recovery Center** for individuals in drug
and alcohol recovery. **9AM**

Contact us if you would like directions or additional information.